**POSSIBLE PRACTICAL COMMITMENTS**

**PERSONAL**

* I will undertake a household material, energy, and waste audit with a view to reducing emissions
* I will reduce my household energy use by a specific amount (e.g. 20-30% by reducing the number of energy dependent goods, unplugging energy ‘vampires,’ and increasing building efficiency).
* I will explore the possibility of switching to a green energy supplier, purchasing green energy, and/or installing my own solar hot water, solar energy, or other renewable energy systems.
* I will review my travel habits and arrangements to see if there are ways of reducing the carbon footprint of my travel
* I will reduce my consumption of meat and other carbon-intensive foods
* I will reduce my consumption of all material goods, buy recycled products when possible, reduce my waste, and increase my recycling.
* I will investigate ways to prepare for and increase my resilience to the impacts of climate change.
* I will invest my money in ethical banks and companies that do not support companies or practices that degrade the planet or harm other people.
* I will study climate change in order to become better informed
* I will study my inner reactions and responses that arise around this theme
* I will support elected officials and public policies that reduce greenhouse gas emissions and help prepare for the impacts of climate disruption.
* I will reflect on the relation of this theme to the Dharma and the Buddhist tradition.
* I would like to receive the updates from One Earth Sangha that offer support to teachers in working with this.

**WITHIN SANGHA**

* I will encourage the sangha to do a material, energy, and waste audit (including building use, equipment, documents, transportation, food, and more) and encourage it to aim to reduce use by a specific amount (e.g. 20-30%).
* I will promote discussion of how each member might reduce their personal material and energy footprint, reduce waste and increase recycling.
* I will promote discussion about how the sangha might help the community reduce its material and energy footprint.
* I will promote discussion about how the sangha can prepare for and increase its resilience to the impacts of climate change.
* I will explore within the sangha the interpersonal work of engaging the topic including how to talk about climate change without closing down the field of good will and interest, and the inner work of managing our own responses.
* I will encourage the sangha to support elected officials and public policies that can reduce emissions and help communities build resilience to climate impacts.
* I will include the topic of climate change in my teaching
* I will create programmes that focus on how we can collectively build the social resilience necessary to allow people to work together and respond constructively as the climate emergency deepens and avoid retreating into self-protection and ‘it’s either us or them’ actions; and
* I will contribute to the Dharma-based social narratives that describe the causes of climate change, that solutions are available, and that those solutions will reap great personal and social benefits.

**BEYOND SANGHA**

* Individually or collectively with other teachers, I will consider ways to promote to the broader community the Dharma-based cultural narratives and storylines that describe the causes of climate change, that solutions are available, and that those solutions will reap great personal and social benefits.
* I will consider and encourage others in the sangha to consider how we might reach beyond our sangha community to engage and join with others in this issue. This might include:
* Collaborating with Interfaith and/or citizen climate groups (e.g. 350.org, U.S. National Climate Ethics Campaign, Campaign Against Climate Change [UK])
* Direct action, civil disobedience
* Holding workshops, conferences or similar events
* Writing opinion editorials for mainstream papers, journals, and blogs
* Meetings with elected officials, business and civic leaders
* Contributing to the cultural narrative on ethics through Buddhist newspapers/broader public literature of how these dharma principles are critical in engaging the next several hundred years as we work with this etc...
* Develop the discourse on the relationship between the inner and outer life and how to best share the gifts of the dharma into the public discussion.

**OTHER**

Anything else you would like to add.