

The Nibbāna Sermons 1 to 11 by Bhikkhu K Ñāṇananda

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Sermon 09

Namo tassa bhagavato arahato sammāsambuddhassa

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*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the ninth sermon in the series of sermons given on the topic of *Nibbāna*. In our last sermon we discussed, to some extent, how the insubstantiality and the vanity of the comic acts enacted by *samsāric* beings in this drama of existence gradually become clear to a meditator as he keeps his postures according to the *Satipaṭṭhānasutta*. We mentioned how the fact that name is only a shadow of form is revealed to the meditator when he is attending to his postures seeing the elements constituting the basis of form as empty.

By way of analogy we brought in the simile of a mime or a dumb show. What characterizes that kind of drama is the comic nature of the acts which depict scenes suggestive of animate or inanimate objects not actually present on the stage. A meditator becomes aware, while attending to his postures, that he is merely enacting a dumb show. He comes to understand how far name is dependent on form, and the four elements appear to him as empty.

In the *Satipaṭṭhānasutta* we find the following instruction in regard to the keeping of postures: *Yathā yathā vā pan'assa kāyo paṇihito hoti tathā tathā naṃ pajānāti*, "in whatever way his body is disposed, so he understands it". This is suggestive of the attempt of a spectator to understand the mimicry of an actor or an actress in a pantomime. While attending to one's postures one feels as if one is watching a one-man dumb show. One gets an opportunity to watch it even more keenly when one comes to the section on full awareness, *sampajañṇapabba*, dealing with the minor postures, *khuddaka iriyāpatha*.

The worldlings are in the habit of creating material objects in accordance with the factors on the name side in an extremely subtle manner, by grasping the four elements under the influence of the personality view, *sakkāyadiṭṭhi*. The material objects around us are recognized as such by grasping the four elements. The definition of the form aspect in name-and-form points to such a conclusion: *cattāro ca mahābhūtā catunnañca mahābhūtānaṃ upādāya rūpaṃ*, "the four great primaries and form dependent on those four primaries".

The word *upādāya* in this context has a special connotation of relativity. So in this way, material objects are created with the help of factors in the name group. This reveals a certain principle of relativity. In this relativity one sees the emptiness of both name and form. This same principle of relativity is implicit in some other statements of the Buddha, but they are rather neglected for a lack of recognition of their significance. We come across such a discourse with a high degree of importance in the *Salāyatanavagga* of the *Saṃyutta Nikāya*. There the Buddha states that principle of relativity with the help of an illustration:

Hatthesu, bhikkhave, sati ādānanikkhepanaṃ paññāyati, pādesu sati abhikkamapaṭikkamo paññāyati, pabbesu sati sammiñjanapasāraṇaṃ paññāyati, kucchismiṃ sati jighacchā pipāsā paññāyati. "When there are hands, monks, a taking up and putting down is apparent; when there are feet, a going forward and coming back is apparent; when there are joints, a bending and stretching is apparent; when there is a belly, hunger and thirst is apparent."

Then the contrary of this situation is also given: *Hatthesu, bhikkhave, asati ādānanikkhepanaṃ na paññāyati, pādesu asati abhikkamapaṭikkamo na paññāyati, pabbesu asati sammiñjanapasāraṇaṃ na paññāyati, kucchismiṃ asati jighacchā pipāsā na paññāyati.* "When there are no hands, a taking up and putting down is not apparent; when there are no feet, a going forward and coming back is not apparent; when there are no joints, a bending and stretching is not apparent; when there is no belly, hunger and thirst are not apparent." What is implied by all this is that basic principle of relativity.

Translation Bodhi (2000: 1236):

“When there are hands, picking up and putting down are discerned. When there are feet, coming and going are discerned. When there are limbs, bending and stretching are discerned. When there is the belly, hunger and thirst are discerned ...

“When there are no hands, picking up and putting down are not discerned. When there are no feet, coming and going are not discerned. When there are no limbs, bending and stretching are not discerned. When there is no belly, hunger and thirst are not discerned.”

SĀ 1166

有手故知有取捨，有足故知有往來，有關節故知有屈伸，有腹故知有飢渴 ...
若無手則不知取捨，若無足則不知往來，若無關節則不知有屈伸，
若無腹則不知有飢渴 (CBETA, T02, no. 99, p. 311, b27-c4)

Some meditators, engaged in *satipaṭṭhāna* meditation, might think that materiality does not really exist and only mentality is there. In other words, there are no hands, only a taking up and putting down is there. There are no feet, only a going and coming is there. That way, they might dogmatically take the bare activity as real and subject it to an analysis. But what is important here is the understanding of the relativity between the two, which reveals the emptiness of both. If, on the other hand, one of them is taken too seriously as real, it ends up in a dogmatic standpoint. It will not lead to a deeper understanding of the emptiness of name and form.

Now in the case of a pantomime, as already mentioned, a spectator has to imagine persons and things not found on the stage as if they are present, in order to make sense out of an act. Here too we have a similar situation. Name and form exist in relation to each other. What one sees through this interrelation is the emptiness or insubstantiality of both.

We brought up all these analogies of dramas and film shows just to give an idea of the impermanence of *saṅkhāras*, or preparations. In fact, the term *saṅkhāra*, is very apt in the context of dramas and film shows. It is suggestive of a pretence sustained with some sort of effort. It clearly brings out their false and unreal nature.

The purpose of the perception of impermanence, with regard to this drama of existence, is the dispelling of the perception of permanence about the things that go to make up the drama. With the dispelling of the perception of permanence, the tendency to grasp a sign or catch a theme is removed. It is due to the perception of permanence that one grasps a sign in accordance with perceptual data. When one neither takes a sign nor gets carried away by its details, there is no aspiration, expectation, or objective by way of craving. When there is no aspiration, one cannot see any purpose or essence to aim at.

It is through the three deliverances, the signless, the desireless, and the void, that the drama of existence comes to an end. The perception of impermanence is the main contributory factor for the cessation of this drama. Some of the discourses of the Buddha, concerning the destruction of the world, can be cited as object lessons in the development of the perception of impermanence leading to the signless deliverance.

For instance, in the discourse on the appearance of the seven suns, *Sattasuriyasutta*, mentioned earlier, this world system, which is so full of valuable things like the seven kinds of jewels, gets fully consumed in a holocaust leaving not even a trace of ash or soot, as if some ghee or oil has been burned up. The perception of impermanence, arising out of this description, automatically leads to an understanding of voidness.

If the conviction that not only the various actors and actresses on the world stage, but all the accompanying decorations get fully destroyed together with the stage itself at some point of time grips the mind with sufficient intensity to exhaust the influxes of sensuality, existence and ignorance, emancipation will

occur then and there. That may be the reason why some attained *arahant*-hood immediately on listening to that sermon. That way, the perception of impermanence acts as an extremely powerful antidote for defilements.

Aniccaaññā, bhikkhave, bhāvitā bahulīkatā sabbam kāmarāgam pariyādiyati, sabbam rūparāgam pariyādiyati, sabbam bhavarāgam pariyādiyati, sabbam avijjam pariyādiyati, sabbam asmimānam pariyādiyati samūhanati. "Monks, the perception of impermanence, when developed and intensively practised, exhausts all attachments to sensuality, exhausts all attachments to form, exhausts all attachments to existence, exhausts all ignorance, exhausts all conceits of an 'am' and eradicates it completely."

Translation Bodhi (2000: 961):

“When the perception of impermanence is developed and cultivated, it eliminates all sensual lust, it eliminates all lust for existence, it eliminates all ignorance, it uproots all conceit ‘I am’.”

SĀ 270

無常想修習多修習，能斷一切欲愛、色愛、無色愛、掉、慢、無明。
(CBETA, T02, no. 99, p. 70, c3-4)

This shows that the perception of impermanence gradually leads to an understanding of voidness, as is clearly stated in the following quotation: *Aniccasaññino, bhikkhave, bhikkhuno anattasaññā santhāti. Anattasaññī asmimānasamugghātam pāpuṇāti diṭṭheva dhamme nibbānam.* "Monks, in one who has the perception of impermanence, the perception of not-self gets established. With the perception of not-self, he arrives at the destruction of the conceit 'am', which is extinction here and now".

Translation Bodhi (2012: 1247):

“When one perceives impermanence, the perception of non-self is stabilized. One who perceives non-self eradicates the conceit ‘I am’ [which is] nibbāna in this very life.”

MĀ 57

若比丘得無常想者，必得無我想，若比丘得無我想者，便於現法斷一切我慢，得息、滅、盡、無為、涅槃。

(CBETA, T01, no. 26, p. 492, b25-27)

Such an assessment of the importance of the perception of impermanence will enable us to make sense out of the seemingly contradictory statements in some of the verses in the *Dhammapada*, such as the following:

*Puttā matthi dhanam matthi,
iti bālo vihaññati,
attā hi attano natthi,
kuto puttā kuto dhanam?*

"Sons I have, wealth I have,
So the fool is vexed,
Even oneself is not one's self,
Where then are sons, where is wealth?"

Translation Norman (2004: 10):

"[Thinking] 'I have sons, I have wealth', the fool is tormented. He has indeed no self of his own, how much less sons? How much less wealth?"

The perception of not-self at its highest, gives rise to the idea of voidness, as implied by the dictum *suññam idaṃ attena vā attaniyena vā*, "this is empty of self or anything belonging to a self".

Some are afraid of this term *suññatā*, emptiness, voidness, for various reasons. That is why we mentioned at the very outset, already in the first sermon, that gradually the monks themselves showed a lack of interest in those discourses that deal with the idea of voidness. The Buddha had already predicted, as a danger that will befall the *Sāsana* in the future, this lack of regard for such discourses. This prediction reveals the high degree of importance attached to them.

The last two sections of the *Sutta Nipāta*, namely *Aṭṭhakavagga* and *Pārāyanavagga*, abound in extremely deep sermons. In the *Pārāyanavagga*, for instance, we find the *Brahmin* youth *Mogharāja* putting the following question to the Buddha: *Kathaṃ lokam avekkhantaṃ, maccurājā na passati?* "By looking upon the world in which manner can one escape the eye of the king of death?" The Buddha gives the answer in the following verse:

*Suññato lokam avekkhassu,
Mogharāja sadā sato,
attānudiṭṭhim ūhacca,
evaṃ maccutaro siyā,
evaṃ lokam avekkhantaṃ,
maccurājā na passati.*

"Look upon the world as void,
Mogharāja, being mindful at all times,
Uprooting the lingering view of self,
Get well beyond the range of death,
Him who thus looks upon the world,
The king of death gets no chance to see."

Translation Bodhi (forthcoming):

"Look upon the world as empty,
Mogharāja, being ever mindful.
Having uprooted the view of self,
one may thus cross over death.

The King of Death does not see
one who looks upon the world thus.”

From this we can infer that the entire *Dhamma*, even like the world system itself, inclines towards voidness. This fact is borne out by the following significant quotation in the *CūḷaTanhāsankhayasutta*, cited by *Sakka* as an aphorism given by the Buddha himself: *Sabbe dhammā nālaṃ abhinivesāya*. Though we may render it simply as "nothing is worth clinging on to", it has a deeper significance. The word *abhinivesa* is closely associated with the idea of entering into or getting entangled in views of one's own creation. The implication, then, is that not only the views as such, but nothing at all is worthwhile getting entangled in. This is suggestive of the emptiness of everything.

This brings us to a very important *sutta* among the Eighths of the *Aṅguttara Nikāya*, namely the *Kimūlakasutta*. In this particular *sutta* we find the Buddha asking the monks how they would answer a set of questions which wandering ascetics of other sects might put to them. The questions are as follows:

Kim mūlakā, āvuso, sabbe dhammā? Kim sambhavā sabbe dhammā? Kim samudayā sabbe dhammā? Kim samosaraṇā sabbe dhammā? Kim pamukhā sabbe dhammā? Kim adhipateyyā sabbe dhammā? Kim uttarā sabbe dhammā? Kim sārā sabbe dhammā? "What is the root of all things? What is the origin of all things? Where do all things arise? Towards what do all things converge? What is at the head of all things? What dominates all things? What is the point of transcendence of all things? What is the essence of all things?"

The monks confessed that they are unable to answer those questions on their own and begged the Buddha to instruct them. Then the Buddha gave the exact answer to each question in a cut and dried form, saying, "This is the way you should answer if wandering ascetics of other sects raise those questions".

Chandamūlakā, āvuso, sabbe dhammā, manasikārasambhavā sabbe dhammā, phassasamudayā sabbe dhammā, vedanāsamosaraṇā sabbe dhammā, samādhipamukhā sabbe dhammā, satādhipateyyā sabbe dhammā, paññuttarā sabbe dhammā, vimuttisārā sabbe dhammā. "Rooted in desire, friends, are all things. Born of attention are all things. Arisen from contact are all things. Converging on feeling are all things. Headed by concentration are all things. Dominated by mindfulness are all things. Surmountable by wisdom are all things. Yielding deliverance as essence are all things."

Translation Bodhi (2012: 1231f):

“Friends, all things are rooted in desire. They come into being through attention. They originate from contact. They converge upon feeling. They are headed by concentration. Mindfulness exercises authority over them. Wisdom is their supervisor. Liberation is their core.”

If heterodox practitioners ask you: “What is the root of all phenomena?” you should answer them in this way: “All phenomena have desire as their root.”

If they ask further: “What connects all phenomena?” you should answer in this way: “Contact connects all phenomena.”

If they ask further: “From what do they come?” you should answer in this way: “They come from feelings.”

If they ask further: “Because of what do they exist?” you should answer in this way: “They exist because of intentions and perceptions.”

If they ask further: “What is their leader?” you should answer in this way: “Mindfulness is their leader.”

If they ask further: “What is foremost among them?” you should answer in this way: “Concentration is foremost among them.”

If they ask further: “What is supreme among them?” you should answer in this way: “Wisdom is supreme among them.”

If they ask further: “What is their true [essence]?” you should answer in this way: “Liberation is their true [essence].”

If they ask further: “What is their culmination?” you should answer in this way: “Nirvāṇa is their culmination.”

Thus, monks, desire is the root of all phenomena, contact connects them, they come from feelings, they exist because of intentions and perceptions, mindfulness is their leader, concentration is foremost among them, wisdom is supreme among them, liberation is their true [essence], and Nirvāṇa is their culmination.

(Cf. p. 29f of Anālayo 2016: “Selected Madhyama-āgama Discourse Passages and their Pāli Parallels”, *Dharma Drum Journal of Buddhist Studies*, 19: 1–61)

Before getting down to an analysis of the basic meaning of this discourse, it is worthwhile considering why the Buddha forestalled a possible perplexity among his disciples in the face of a barrage of questions likely to be levelled by other sectarians. Why did he think it fit to prepare the minds of the disciples well in advance of such a situation?

Contemporary ascetics of other sects, notably the *brahmins*, entertained various views regarding the origin and purpose of 'all things'. Those who subscribed to a soul theory, had different answers to questions concerning thinghood or the essence of a thing. Presumably it was not easy for the monks, with their not-self standpoint, to answer those questions to the satisfaction of other sectarians. That is why those monks confessed their incompetence and begged for guidance.

It was easy for those of other sects to explain away the questions relating to the origin and purpose of things on the basis of their soul theory or divine creation. Everything came out of *Brahma*, and self is the essence of everything. No doubt, such answers were substantial enough to gain acceptance. Even modern philosophers are confronted with the intricate problem of determining

the exact criterion of a 'thing'. What precisely accounts for the thing-hood of a thing? What makes it no-thing?

Unfortunately for the *sutta*, its traditional commentators seem to have ignored the deeper philosophical dimensions of the above questionnaire. They have narrowed down the meaning of the set of answers recommended by the Buddha by limiting its application to wholesome mental states. The occurrence of such terms as *chanda*, *sati*, *samādhi* and *paññā*, had probably led them to believe that the entire questionnaire is on the subject of wholesome mental states. But this is a serious underestimation of the import of the entire discourse. It actually goes far deeper in laying bare a basic principle governing both skilful and unskilful mental states.

Now, for instance, the first two verses of the *Dhammapada* bring out a fundamental law of psychology applicable to things both skilful and unskilful: *Manopubbaṅgamā dhammā, mano seṭṭhā manomayā*. Both verses draw upon this fundamental principle. Nowadays, these two lines are variously interpreted, but the basic idea expressed is that "all things have mind as their forerunner, mind is their chief, and they are mind-made". This applies to both skilful and unskilful mental states.

Skillings, Peter 2007: "Dhammas are as swift as thought ... ' A Note on Dhammapada 1 and 2 and Their Parallels", *Journal of the Centre for Buddhist Studies, Sri Lanka*, 5: 23-50.

Now the *sutta* in question has also to be interpreted in the same light, taking into account both these aspects. It must be mentioned, in particular, that with the passage of time a certain line of interpretation gained currency, according to which such terms as *chanda* were taken as skilful in an exclusive sense. For instance, the term *sati*, wherever and whenever it occurred, was taken to refer to *sammā sati*. Likewise, *chanda* came to be interpreted as *kusalacchanda*, desire or interest in the skilful, or *kattukamyatāchanda*, desire to perform.

But we have to reckon with a special trait in the Buddha's way of preaching. His sermons were designed to lead onward the listeners, gradually, according to their degree of understanding. Sometimes the meaning of a term, as it occurs at the end of a sermon, is different from the meaning it is supposed to have at the beginning of the sermon. Such a technique is also evident.

The term *chanda* is one that has both good and bad connotations. In such contexts as *chandarāga* and *chandajam agham*, it is suggestive of craving as the cause of all suffering in this world. It refers to that attachment, *rāga*, which the world identifies with craving as such. But in the context *chanda-iddhipāda*, where the reference is to a particular base for success, it is reckoned as a skilful mental state. However, that is not a sufficient reason to regard it as something alien to the generic sense of the term.

There is an important *sutta*, which clearly reveals this fact, in the *Saṃyutta Nikāya*. A *brahmin* named *Uṇṇābha* once came to Venerable *Ānanda* with a

question that has a relevance to the significance of the term *chanda*. His question was: *Kim atthiyaṃ nu kho, bho Ānanda, samaṇe Gotame brahmacariyaṃ vussati?* "Sir *Ānanda*, what is the purpose for which the holy life is lived under the recluse *Gotama*?" Venerable *Ānanda* promptly gives the following answer: *Chandappahānatthaṃ kho, brāhmaṇa, bhagavati brahmacariyaṃ vussati.* "*Brahmin*, it is for the abandonment of desire that the holy life is lived under the Exalted One." Then the *brahmin* asks: *Atthi pana, bho Ānanda, maggo atthi paṭipadā etassa chandassa pahānāya?* "Is there, sir *Ānanda*, a way or practice for the abandonment of this desire?" Venerable *Ānanda* says: "Yes". Now, what is the way he mentions in that context? It is none other than the four bases for success, *iddhipāda*, which are described as follows:

Chandasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, viriyasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, cittasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, vīmaṃsāsamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti. (1) "One develops the basis for success that has volitional preparations leading to a concentration through desire", (2) "one develops the basis for success that has volitional preparations leading to a concentration through energy", (3) "one develops the basis for success that has volitional preparations leading to a concentration by making up the mind", (4) "one develops the basis for success that has volitional preparations leading to a concentration through investigation".

 Translation Bodhi (2000: 1733):

"A bhikkhu develops the basis for spiritual power that possesses concentration due to desire and volitional formations of striving. He develops the basis for spiritual power that possesses concentration due to energy ... concentration due to mind ... concentration due to investigation and volitional formations of striving."

 Venerable *Ānanda* replies that the way of practice to be followed for the abandonment of desire is the above mentioned four bases pertaining to desire, energy, mind and investigation. The *brahmin* is puzzled at this reply. He thinks, if that is so, desire is not abandoned. It is still there. And he raises this objection to show that there is an implicit contradiction: *Chandeneva chandaṃ pajahissatī'ti, netam thānaṃ vijjati*, "that one abandons desire by desire itself is an impossibility". Then the Venerable *Ānanda* brings out a simile to convince the *brahmin* of the implicit truth in his reply.

"What do you think, *brahmin*, is it not the case that you earlier had the desire 'I will go to the park', and after you came here, the appropriate desire subsided?" So this is the logic behind the statement concerning the abandonment of craving. The term *chanda* is used here in the first instance with reference to that type of craving for the purpose of the abandonment of craving.

Desire as a basis for success is developed for the very abandonment of desire. So there is no question about the use of the same word. Here, *chanda* as a base of success still belongs to the *chanda*-family. A desire should be there even for the abandonment of desire. This is a distinctive basic principle underlying the middle path.

Some have a great liking for the word *chanda*, but dislike the word *taṇhā*. So much so that, if one speaks of a craving for attaining *Nibbāna*, it might even be regarded as a blasphemy. In another sermon given by Venerable *Ānanda* himself, one addressed to a particular sick nun, we find the statement: *Taṇhaṃ nissāya taṇhā pahātabbā*, "depending on craving one should abandon craving". -

taṇhāsambhūto ayaṃ, bhagini, kāyo taṇhaṃ nissāya, taṇhā pahātabbā.

(same statement is made previously for *āhāra*, nutriment, and subsequently for *māna*, conceit)

Translation Bodhi (2012: 524):

“This body has originated from craving; in dependence on craving, craving is to be abandoned.”

Translation Woodward (1962: 148):

“Sister, this body has come into being through craving, is dependent on craving. Craving must be abandoned.”

SĀ 564

如此身者，穢食長養、憍慢長養、愛所長養、婬欲長養。姊妹！依穢食者，當斷穢食，依於慢者，當斷憍慢，依於愛者，當斷愛欲。」

(CBETA, T02, no. 99, p. 148, a24-27)

姊妹！云何依愛斷愛？謂聖弟子聞某尊者、某尊者弟子盡諸有漏，乃至自知不受後有。我等何不盡諸[者>有]漏，乃至自知不受後有。彼於爾時能斷諸有漏，乃至自知不受後有。姊妹！是名依愛斷愛

(CBETA, T02, no. 99, p. 148, b19-24)

That again is suggestive of a special application of the middle path technique. But the kind of craving meant here is not something crude. It is specifically explained there that it is the longing arising in one for the attainment of *arahant*-hood on hearing that someone has already attained it. Of course, there is a subtle trace of craving even in that longing, but it is one that is helpful for the abandonment of craving. So one need not fight shy of the implications of these words.

As a matter of fact, even the word *rati*, attachment, is used with reference to *Nibbāna*. When, for instance, it is said that the disciple of the Buddha is attached to the destruction of craving, *taṇhakkhayaṃ hoti sammāsambuddhasāvako*, it

may sound rather odd, because the word *rati* usually stands for lust. However, according to the Middle Path principle of utilizing one thing to eliminate another, words like *chanda* and *taṇhā* are used with discretion. Sometimes terms like *nekkhamasita domanassa*, unhappiness based on renunciation, are employed to indicate the desire for attaining *Nibbāna*. Therefore the statement *chandamūlakā sabbe dhammā* need not be interpreted as referring exclusively to skilful mental states.

With regard to the significance of *sati* and *samādhi*, too, we may mention in passing, that terms like *micchā sati*, wrong mindfulness, and *micchā samādhi*, wrong concentration, do sometimes occur in the discourses. So let us examine whether the set of statements under consideration has any sequential coherence or depth.

"Rooted in desire, friends, are all things." We might as well bring out the meaning of these statements with the help of an illustration. Supposing there is a heap of rubbish and someone approaches it with a basket to collect it and throw it away. Now, about the rubbish heap, he has just a unitary notion. That is to say, he takes it as just one heap of rubbish. But as he bends down and starts collecting it into the basket, he suddenly catches sight of a gem. Now the gem becomes the object of his desire and interest. A gem arose out of what earlier appeared as a rubbish heap. It became the thing for him, and desire was at the root of this phenomenon - true to the dictum "rooted in desire, friends, are all things".

Then what about origination through attention? It is through attention that the gem came into being. One might think that the origin of the gem should be traced to the mine or to some place where it took shape, but the Buddha traces its origin in accordance with the norm *manopubbaṅgamā dhammā*, "mind is the forerunner of all things". So then, the root is desire and the source of origin is attention, the very fact of attending.

Phassasamudayā sabbe dhammā, "all things arise from contact". There was eye-contact with the gem as something special out of all the things in the rubbish heap. So the gem 'arose' from eye-contact. *Vedanāsamosaṇā sabbe dhammā*, "all things converge on feeling". As soon as the eye spotted the gem, a lot of pleasant feelings about it arose in the mind. Therefore, all things converge on feeling.

Samādhipamukhā sabbe dhammā, "headed by concentration are all things". Here, in this case, it may be wrong concentration, *micchā samādhi*, but all the same it is some kind of concentration. It is now a concentration on the gem. It is as if his meditation has shifted from the rubbish heap to the gem. *Satādhipateyyā sabbe dhammā*, "dominated by mindfulness are all things". As to this dominance, undistracted attention is necessary for the maintenance of that thing which has now been singled out. Where there is distraction, attention is drawn to other things as well. That is why mindfulness is said to be dominant. Be it the so-called wrong mindfulness, but nonetheless, it is now directed towards the gem.

Now comes the decisive stage, that is, the 'surmountability by wisdom', *paññuttarā*. Let us for a moment grant that somehow or other, even though wrongly, *micchā*, some kind of surrogate mindfulness and concentration has developed out of this situation. Now, if one wants to cross over in accordance with the *Dhamma*, that is, if one wants to attain *Nibbāna* with this gem itself as the topic of meditation, one has to follow the hint given by the statement *paññuttarā sabbe dhammā*, "surmountable by wisdom are all things".

What one has to do now is to see through the gem, to penetrate it, by viewing it as impermanent, fraught with suffering, and not-self, thereby arriving at the conviction that, after all, the gem belongs to the rubbish heap itself. The gem is transcended by the wisdom that it is just one item in this rubbish heap that is 'The world' in its entirety. If one wins to the wisdom that this gem is something like a piece of charcoal, to be destroyed in the holocaust at the end of a world period, one has transcended that gem.

So then, the essence of all things is not any self or soul, as postulated by the *brahmins*. Deliverance is the essence. In such discourses as the *Mahāsāropamasutta*, the essence of this entire *Dhamma* is said to be deliverance. The very emancipation from all this, to be rid of all this, is itself the essence. Some seem to think that the essence is a heaping up of concepts and clinging to them. But that is not the essence of this teaching. It is the ability to penetrate all concepts, thereby transcending them. The deliverance resulting from transcendence is itself the essence.

With the cessation of that concept of a gem as some special thing, a valuable thing, separate from the rest of the world, as well as of the ensuing heap of concepts by way of craving, conceit and views, the gem ceases to exist. That itself is the deliverance. It is the emancipation from the gem. Therefore, *vimuttisārā sabbe dhammā*, "deliverance is the essence of all things".

So then, we have here a very valuable discourse which can even be used as a topic of insight meditation. The essence of any mind object is the very emancipation from it, by seeing it with wisdom. Considered in this light, everything in the world is a meditation object. That is why we find very strange meditation topics mentioned in connection with the attainments of ancient *arahant* monks and nuns. Sometimes, even apparently unsuitable meditation objects have been successfully employed.

Meditation teachers, as a rule, do not approve of certain meditation objects for beginners, with good reasons. For instance, they would not recommend a female form as a meditation object for a male, and a male form for a female. That is because it can arouse lust, since it is mentioned in the *Theragāthā* that lust arose in some monk even on seeing a decayed female corpse in a cemetery. But in the same text one comes across an episode in connection with Venerable *Nāgasamāla*, which stands in utter contrast to it.

Venerable *Nāgasamāla* attained *arahant*-hood with the help of a potentially pernicious meditation object, as he describes it, in his words: "Once, on my begging round, I happened to look up to see a dancing woman, beautifully

dressed and bedecked, dancing to the rhythm of an orchestra just on the middle of the highway." And, what happened then?

*Tato me manasikāro,
yoniso udapajjatha,
ādīnavo pāturahu,
nibbidā samatiṭṭhatha,
tato cittaṃ vimucci me,
passa dhammasudhammataṃ.*

"Just then, radical attention
Arose from within me,
The perils were manifest,
And dejection took place,
Then my mind got released,
Behold the goodness of the Norm."

Translation Norman (1969: 32):

"Then reasoned thinking arose in me; the peril became clear, disgust with the world was established.

Then my mind was released; see the essential rightness of the doctrine."

If one wishes to discover the goodness of this norm, one has to interpret the *sutta* in question in a broader perspective, without limiting its application to skilful mental states. If a train of thoughts had got started up about that gem, even through a wrong concentration, and thereby a wrong mindfulness and a wrong concentration had taken shape, at whatever moment radical attention comes on the scene, complete reorientation occurs instantaneously, true to those qualities of the *Dhamma* implied by the terms, *sandiṭṭhika*, visible here and now, *akālika*, not involving time, and *ehi-passika*, inviting one to come and see.

Some might wonder, for instance, how those *brahmins* of old who had practiced their own methods of concentration, attained *arahant*-hood on hearing just one stanza as soon as they came to the Buddha. The usual interpretation is that it is due to the miraculous powers of the Buddha, or else that the persons concerned had an extraordinary stock of merit. The miracle of the *Dhamma*, implicit in such occurrences, is often ignored.

Now as to this miracle of the *Dhamma*, we may take the case of someone keen on seeing a rainbow. He will have to go on looking at the sky indefinitely, waiting for a rainbow to appear. But if he is wise enough, he can see the spectrum of rainbow colours through a dewdrop hanging on a leaf of a creeper waving in the morning sun, provided he finds the correct perspective. For him, the dewdrop itself is the meditation object. In the same way, one can sometimes see the entire *Dhamma*, thirty-seven factors of enlightenment and the like, even in a potentially pernicious meditation object.

From an academic point of view, the two terms *yoniso manasikāra*, radical attention, and *ayoniso manasikāra*, non-radical attention, are in utter contrast to each other. There is a world of difference between them. So also between the terms *sammā ditṭhi*, right view, and *micchā ditṭhi*, wrong view. But from the point of view of realization, there is just a little difference.

Now as we know, that spectrum of the sun's rays in the dewdrop disappears with a very little shift in one's perspective. It appears only when viewed in a particular perspective. What we find in this *Dhamma* is something similar. This is the intrinsic nature of this *Dhamma* that is to be seen here and now, timeless, leading onward, and realizable by the wise each one by himself.

Our interpretation of this *sutta*, taking the word *sabbe dhammā* to mean 'all things', is further substantiated by the *Samiddhi Sutta* found in the section on the Nines in the *Aṅguttara Nikāya*. It is a discourse preached by Venerable *Sāriputta*. To a great extent, it runs parallel to the one we have already analysed. The difference lies only in a few details. In that *sutta* we find Venerable *Samiddhi* answering the questions put to him by Venerable *Sāriputta*, like a pupil at a catechism. The following is the gist of questions raised and answers given:

'*Kim ārammaṇā, Samiddhi, purisassa saṅkappavitakkā uppajjantī'ti?* - '*Nāmarūpārammaṇā, bhante.*'

'*Te pana, Samiddhi, kva nānattaṃ gacchantī'ti?* - '*Dhātūsu, bhante.*'

'*Te pana, Samiddhi, kiṃ samudayā'ti?* - '*Phassasamudayā, bhante.*'

'*Te pana, Samiddhi, kiṃ samosaraṇā'ti?* - '*Vedanāsamosaraṇā, bhante.*'

'*Te pana, Samiddhi, kiṃ pamukhā'ti?* - '*Samādhipamukhā, bhante.*'

'*Te pana, Samiddhi, kim adhipateyyā'ti?* - '*Satādhipateyyā, bhante.*'

'*Te pana, Samiddhi, kim uttarā'ti?* - '*Paññuttarā, bhante.*'

'*Te pana, Samiddhi kiṃ sārā'ti?* - '*Vimuttisārā, bhante.*'

'*Te pana, Samiddhi, kim ogadhā'ti?* - '*Amatogadhā, bhante.*'

Except for the first two questions and the last one, the rest is the same as in the questionnaire given by the Buddha. But from this catechism it is extremely clear that Venerable *Sāriputta* is asking about thoughts and concepts. In the case of the previous *sutta*, one could sometimes doubt whether the word *sabbe dhammā* referred to skilful or unskilful mental states. But here it is clear enough that Venerable *Sāriputta's* questions are on thoughts and concepts. Let us now try to translate the above catechism.

"With what as object, *Samiddhi*, do concepts and thoughts arise in a man?" - "With name-and-form as object, venerable sir."

"But where, *Samiddhi*, do they assume diversity?" - "In the elements, venerable sir."

"But from what, *Samiddhi*, do they arise?" - "They arise from contact, venerable sir."

"But on what, *Samiddhi*, do they converge?" - "They converge on feeling, venerable sir."

"But what, *Samiddhi*, is at their head?" - "They are headed by concentration, venerable sir."

"But by what, *Samiddhi*, are they dominated?" - "They are dominated by mindfulness, venerable sir."

"But what, *Samiddhi*, is their highest point?" - "Wisdom is their highest point, venerable sir."

"But what, *Samiddhi*, is their essence?" - "Deliverance is their essence, venerable sir."

"But in what, *Samiddhi*, do they get merged?" - "They get merged in the deathless, venerable sir."

Translation Bodhi (2012: 1269):

“On what basis, *Samiddhi*, do intentions and thoughts arise in a person?”

‘On the basis of name-and-form, Bhante.’

‘Where do they become diversified?’

‘In relation to the elements.’

‘From what do they originate?’

‘They originate from contact.’

‘Upon what do they converge?’

‘They converge upon feeling.’

‘By what are they headed?’

‘They are headed by concentration.’

‘What exercises authority over them?’

‘Mindfulness exercises authority over them.’

‘What is their supervisor?’

‘Wisdom is their supervisor.’

‘What is their core?’

‘Liberation is their core.’

‘In what do they culminate?’

‘They culminate in the deathless.’”

Some noteworthy points emerge from this catechism. All concepts and thoughts have name-and-form as their object. The eighteen elements account for their diversity. They arise with contact. They converge on feeling. They are headed by concentration. They are dominated by mindfulness. Their acme or point of transcendence is wisdom. Their essence is deliverance and they get merged in the deathless. Be it noted that the deathless is a term for *Nibbāna*. Therefore, as we have stated above, everything has the potentiality to yield the deathless, provided radical attention is ushered in.

It is indubitably clear, from this catechism, that the subject under consideration is concepts and thoughts. All mind objects partake of the character of concepts and thoughts. Therefore the mind objects, according to the Buddha, have to be evaluated on the lines of the above mentioned normative principles,

and not on the lines of self essence and divine creation as postulated by soul theories.

In accordance with the dictum 'mind is the forerunner of all things', *manopubbaṅgamā dhammā*, the course of training advocated by the Buddha, which begins with name-and-form as object, reaches its consummation in seeing through name-and-form, that is, in its penetration. It culminates in the transcendence of name-and-form, by penetrating into its impermanent, suffering-fraught, and not-self nature. This fact is borne out by the discourses already quoted.

The essence of the teaching is release from name-and-form. When one rightly understands the relation between name and form as well as their emptiness, one is able to see through name-and-form. This penetration is the function of wisdom. So long as wisdom is lacking, consciousness has a tendency to get entangled in name-and-form. This is the insinuation of the following

Dhammapada verse about the *arahant*:

*Kodhaṃ jahe vipphaheyya mānaṃ,
saṃyojanaṃ sabbam atikkameyya,
taṃ nāmarūpasmim asajjamānaṃ,
akiñcanaṃ nānupatanti dukkhā.*

"Let one put wrath away, conceit abandon,
And get well beyond all fetters as well,
That one, untrammelled by name-and-form,
With naught as his own - no pains befall."

Translation Norman (2004: 34):

"One should abandon anger; one should give up pride; one should pass beyond every attachment. Sufferings do not befall one who is not attached to name-and-form, possessing nothing."

The path shown by the Buddha, then, is one that leads to the transcendence of name-and-form by understanding its emptiness. In this connection, the *Brahmajālasutta* of the *Dīgha Nikāya* reveals a very important fact on analysis. What it portrays is how the sixty-two wrong views lose their lustre in the light of wisdom emanating from the non-manifestative consciousness of the Buddha, which is lustrous on all sides, *sabbato pabha*.

As to how a lustre could be superseded, we have already explained with reference to a film show. The film show lost its lustre when the doors were flung open. The narrow beam of light, directed on the cinema screen, faded away completely before the greater light now coming from outside. Similarly, the sixty-two wrong views in the *Brahmajālasutta* are seen to fade away before the light of wisdom coming from the non-manifestative consciousness of the Buddha. The narrow beams of sixty-two wrong views faded in the broader flood of light that is wisdom.

Those heretics who propounded those wrong views, conceived them by dogmatically holding on to name-and-form. They got entangled in name-and-form, and those views were the product of speculative logic based on it. We come across an allusion to this fact in the *Mahāvīyūhasutta* of the *Sutta Nipāta*. There it is declared that those of other sects are not free from the limitations of name-and-form.

*Passaṃ naro dakkhiti nāmarūpaṃ,
disvāna vā ñassati tānim eva,
kāmaṃ bahuṃ passatu appakaṃ vā,
na hi tena suddhiṃ kusalā vadanti.*

"A seeing man will see only name-and-form,
Having seen he will know just those constituents alone,
Let him see much or little,
Experts do not concede purity thereby."

Translation Bodhi (forthcoming):

"Seeing, a person will see name-and-form;
having seen, it is just these that he will know.
Granted, let him see much or little,
the skillful say purity is not won in that way."

In the *Brahmajālasutta* itself we find some views advanced by those who had higher knowledges. With the help of those higher knowledges, which were still of the mundane type, they would see into their past, sometimes hundreds of thousands of their past lives, and drawing also from their ability to read others' minds, they would construct various views. Many such views are recorded in the *Brahmajālasutta*, only to be rejected and invalidated. Why so? The reason is given here in this verse.

The man who claims to see with those higher knowledges is seeing only name-and-form, *passaṃ naro dakkhiti nāmarūpaṃ*. Having seen, he takes whatever he sees as real knowledge, *disvāna vā ñassati tānim eva*. Just as someone inside a closed room with tinted window panes sees only what is reflected on those dark panes, and not beyond, even so, those 'seers' got enmeshed in name-and-form when they proceeded to speculate on what they saw as their past lives. They took name-and-form itself to be real. That is why the Buddha declared that whether they saw much or little, it is of no use, since experts do not attribute purity to that kind of vision, *kāmaṃ bahuṃ passatu appakaṃ vā, na hi tena suddhiṃ kusalā vadanti*.

Here it is clear enough that those narrow wrong views are based on name-and-form, assuming it to be something real. The Buddha's vision, on the other hand, is one that transcends name-and-form. It is a supramundane vision. This fact is clearly revealed by the implications of the very title of the *Brahmajālasutta*. At the end of the discourse, the Buddha himself compares it to

an all-embracing super-net. Just as a clever fisherman would throw a finely woven net well over a small lake, so that all the creatures living there are caught in it as they come up, all the possible views in the world are enmeshed or forestalled by this super-net, or *brahmajāla*.

Sv I 127,18: *kevaṭṭo viya hi bhagavā, jālaṃ viya desanā*

Fragments Pelliot 1400/19/bleu 35 R1f, Hartmann 1991: 86 (§16):

sarv[e te] a(n)[t](arjā)[l](a)[g](a)[t](ā mārasya pāpīyasa

Weller 1934: 62,5: *bdud sdig can gyi dbang du song zhing lag tu*

D 4094 ju 152b4 or Q 5595 tu 176a2: *bdud sdig to can gyi dra bar chud cing dbang du gyur cing*

Let us now pause to consider what the mesh of this net could be. If the *Brahmajālasutta* is a net, what constitutes that fine mesh in this net? There is a word occurring all over the discourse, which gives us a clear answer to this question. It is found in the phrase which the Buddha uses to disqualify every one of those views, namely, *tadapi phassapaccayā, tadapi phassapaccayā*, "and that too is due to contact, and that too is due to contact". So from this we can see that contact is the mesh of this net.

The medley of wrong views, current among those of other sects, is the product of the six sense-bases dependent on contact. The Buddha's vision, on the other hand, seems to be an all-encompassing lustre of wisdom, born of the cessation of the six sense-bases, which in effect, is the vision of *Nibbāna*. This fact is further clarified in the *sutta* by the statement of the Buddha that those who cling to those wrong views, based on name-and-form, keep on whirling within the *samsāric* round because of those very views.

Sabbe te chahi phassāyatanehi phussa phussa paṭisaṃvedenti, tesam phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānaṃ, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmaṇaṃ sokaparidevadukkhadomanassupāyāsā sambhavanti. Yato kho, bhikkhave, bhikkhu, channaṃ phassāyatanānaṃ samudayañca atthagamañca assādañca ādīnavañca nissaraṇaṃca yathābhūtaṃ pajānāti, ayaṃ imehi sabbeheva uttaritaraṃ pajānāti. "They all continue to experience feeling coming into contact again and again with the six sense-bases, and to them dependent on contact there is feeling, dependent on feeling there is craving, dependent on craving there is grasping, dependent on grasping there is becoming, dependent on becoming there is birth, and dependent on birth, decay, death, sorrow, lamentation, pain, grief and despair come to be. But when, monks, a monk knows, as they truly are, the arising, the going down, the satisfaction, the peril and the stepping out concerning the six sense-bases, that monk has a knowledge which is far superior to that of all those dogmatists."

Translation Walshe (1987: 89):

“With regard to all of these ... they experience these feelings by repeated contact through the six sense-bases; feeling conditions craving; craving conditions clinging; clinging conditioned becoming; becoming conditions birth; birth conditions ageing and death, sorrow, lamentation, sadness and distress.

When, monks, a monk understands as they really are the arising and passing away of the six bases of contact, their attraction and peril, and the deliverance from them, he knows that which goes beyond all these views.”

DĀ 21

“Recluses and brahmins, who give rise to a doctrine of eternalism and declare that 'the world is eternal', [they do so] conditioned by feeling, which produces craving. Craving having arisen they do not realize by themselves that they are being defiled by attachment through craving and are under the power of craving ... up to ... Nirvāṇa here and now ... *[the rest is] also [to be recited] further like this.*

“Recluses and brahmins who, having views about the past and <speculations> about the past, give rise to a doctrine of eternalism, declaring that 'the world is eternal', [they do so] conditioned by contact. It is impossible to establish [such a] doctrine without contact ... up to ... Nirvāṇa here and now ... *[the rest is] also [to be recited] further like this*” ...

“If a monk knows as it really is the arising of the six spheres of contact, their cessation, their gratification, their disadvantage, and the escape from them, this is supreme and leads out of all those views.”

This paragraph clearly brings out the distinction between those who held on to such speculative views and the one who wins to the vision made known by the Buddha. The former were dependent on contact, that is, sensory contact, even if they possessed worldly higher knowledges. Because of contact originating from the six sense-bases there is feeling. Because of feeling they are lured into craving and grasping which make them go round and round in *saṃsāra*.

The emancipated monk who keeps to the right path, on the other hand, wins to that synoptic vision of the six sense-bases, replete in its five aspects. That is what is known as the light of wisdom. To him, all five aspects of the six sense-bases become clear, namely the arising, the going down, the satisfaction, the peril and the stepping out. That light of wisdom is considered the highest knowledge, precisely because it reveals all these five aspects of the six sense-bases.

The reference to the formula of dependent arising in the above passage is highly significant. It is clear proof of the fact that the law of dependent arising is

not something to be explained with reference to a past existence. It is a law relevant to the present moment.

This name-and-form is reflected on consciousness. Now as to this consciousness, the *Nidānasamyutta* of the *Samyutta Nikāya*, which is a section dealing with the law of dependent arising in particular, defines it in a way that includes all the six types of consciousness.

Katamañca, bhikkhave, viññāṇaṃ? Chayime, bhikkhave, viññāṇakāyā - cakkhaviññāṇaṃ, sotaviññāṇaṃ, ghānaviññāṇaṃ, jivhāviññāṇaṃ, kāyaviññāṇaṃ, manoviññāṇaṃ, idaṃ vuccati, bhikkhave, viññāṇaṃ. "And what, monks, is consciousness? There are these six classes of consciousness - eye-consciousness, ear-consciousness, nose-consciousness, tongue-consciousness, body-consciousness and mind-consciousness; this, monks, is called consciousness."

SĀ 298

云何為識? 謂六識身: 眼識身、耳識身、鼻識身、舌識身、身識身、意識身
(CBETA, T02, no. 99, p. 85, a26-28)

T 124

云何為識? 謂六識身, 一者眼識, 二者耳識, 三者鼻識, 四者舌識, 五者身識, 六者意識, 是名為識 (CBETA, T02, no. 124, p. 547, c6-8)

EĀ 49.5

云何名為識? 所謂六識身是也 (CBETA, T02, no. 125, p. 797, b26)

This shows that the consciousness mentioned in the formula of dependent arising is not something like a re-linking consciousness. The reference here is not to just one consciousness. It is in dependence on name-and-form, reflected on all six types of consciousness, that the six sense-bases get established.

The discrimination between an 'internal' and an 'external' is the outcome of the inability to penetrate name-and-form, to see through it. There is an apparent duality: I, as one who sees, and name-and-form, as the objects seen. Between them there is a dichotomy as internal and external. It is on this very dichotomy that the six sense-bases are 'based'. Feeling and all the rest of it come on top of those six sense-bases. Craving and grasping follow suit, as a result of which those dogmatists get caught up in the vicious cycle of dependent arising and keep running round in *samsāra* as the Buddha has declared.

So then, it becomes clear from the *Brahmajālasutta* that such a wide variety of wrong views exist in this world due to the dogmatic involvement in name-and-form reflected on consciousness, that is by mis-taking the reflection to be one's self. This, in brief, is tantamount to *sakkāyadiṭṭhi*, or personality view.

Now let us take up a parable by way of an illustration of the distinction between the wrong view of the dogmatists, already analysed, and the right view,

which is in complete contrast to it. It is an episode in the *Ummaggajātaka* which more or less looks like a parable to illustrate this point. In the *Ummaggajātaka* one comes across the problem of a gem. In that story there are in fact several such problems concerning gems, and we are taking up just one of them.

The citizens of *Mithilā* came and informed king *Videha* that there is a gem in the pond near the city gate. The king commissioned his royal adviser *Senaka* with the task of taking out the gem. He went and got the people to empty the pond but failed to find the gem there. Even the mud was taken out and the earth dug up in a vain attempt to locate the gem. When he confessed his failure to the king, the latter entrusted the job to *bodhisatta Mahosadha*, the youngest adviser. When he went there and had a look around, he immediately understood that the gem is actually in a crow's nest on a palm tree near the pond. What appeared in the pond is only its reflection. He convinced the king of this fact by getting a man to immerse a bowl of water into the pond, which also reflected the gem. Then the man climbed up the palm tree and found the gem there, as predicted by *Mahosadha*.

If we take this episode as an illustration, the view of the dogmatists can be compared to *Senaka's* view. The discovery of the Buddha that name-and-form is a mere reflection is like the solution advanced by *bodhisatta Mahosadha* to the problem of the gem in the pond.

Now what is the role of personality view in this connection? It is said that the Buddha preached the *Dhamma* adopting a *via media* between two extreme views. What are they? The eternalist view and the nihilist view. The eternalist view is like that attachment to the reflection. Sometimes, when one sees one's own image in water, one falls in love with it, imagining it to be someone else, as in the case of the dog on the plank mentioned in an earlier sermon. It can sometimes arouse hate as well. Thus there could be both self-love and self-hate.

Inclining towards these two attitudes, the personality view itself leads to the two extreme views known as eternalism and nihilism, or annihilationism. It is like *Senaka's* attempt to find the gem by emptying the water and digging the bottom of the pond. The Buddha avoids both these extremes by understanding that this name-and-form is a reflection, owing to the reflective nature of this pond of consciousness. It has no essence.

The name in this name-and-form, as we have already stated in an earlier sermon, is merely a formal name, or an apparent name. And the form here is only a nominal form, a form only in name. There is neither an actual name nor a substantial form here. Name is only apparent, and form is only nominal. With this preliminary understanding one has to arouse that wisdom by building up the ability to see through name-and-form, in order to win to freedom from this name-and-form.

So, in this sermon, our special attention has been on name-and-form, on the interrelation between name-and-form and consciousness. All this reveals to us the importance of the first two lines of the problematic verse already quoted,

viññānaṃ anidassanaṃ anantaṃ sabbaṭo pabhaṃ, "consciousness which is non-manifestative, endless, lustrous on all sides".

According to the Buddha's vision, by fully comprehending the fact that name-and-form is a mere image, or reflection, the non-manifestative consciousness develops the penetrative power to see through it. But those others, who could not understand that it is a reflection, aroused self-love and self-hate. It is as if one is trying to outstrip one's shadow by running towards it out of fun, while the other is trying to flee from it out of fear. Such is the nature of the two extreme views in this world.

Dvīhi, bhikkhave, diṭṭhigatehi pariyuṭṭhitā devamanussā olīyanti eke, atidhāvanti eke, cakkhumanto ca passanti. "Obsessed by two views, monks, are gods and men, some of whom lag behind, while others overreach, only they do see that have eyes to see."

Translation Ireland (1991: 35f):

“Bhikkhus, held by two kinds of views, some devas and men hold back and some overreach; only those with vision see.”

This is how the *Itivuttaka*, the collection of the 'thus said' discourses, sums up the situation in the world. Some fall back and lag behind, while others overstep and overreach. It is only they that see, who have eyes to see.

Salient point:

name-and-form